

Midstate CrossFit Conference Scoring Sheet

Event:	2
WOD:	1
Title:	
Description:	8' AMRAP: 5 Toes to Bar, 7 Over The Box Jumps, 9 Goblet Squat Jumps

Gender:	Men
Division:	Rx

ID	Last Name	First Name	Full Rounds	+ T2B	+ Over Box	+ Gob Sq Jump	Total Reps	Score
18	Addison	Corey	6	5			131	25
19	Bauman	Eric	7	5			152	18
20	Bott	Charles	7	5	7	6	165	10
21	Bruce	Jeremy	8	5	1		174	7
22	DeMarco	Jim	8	5			173	8
23	Gosch	Keith	5	5	7	5	122	29
24	Greenwell	Zephaniah	5	5	7	4	121	30
25	Grohmeyer	Alex	6	5	3		134	23
26	Haak	Casey	6	4			130	27
27	Heintzman	Timothy	7	1			148	20
28	Hestad	Mark	7	5	7	2	161	12
29	Hockridge	Eric	9	5	7		201	1
30	Jordan	Jason					0	49
31	Keller	Tom	8	5	3		176	5
32	Kelly	Matt	7	5	3		155	15
33	Kessenich	Joe					0	49
34	King	Tom	6	5	5		136	22
35	Klauba	Adam	6	5	3		134	23
36	Koger	Tyler					0	49
37	Lillie	Josh	6	2			128	28
38	Mann	Richard	7	5	5		157	13
39	Mohr	William					0	49
40	Post	Josh	8	5	5		178	4
41	Propersi	Nick	8	5	3		176	5
42	Putnam	Mark					0	49
43	Radford	David	8				168	9
44	Reeder	Sean					0	49
45	Rehkemper	Brent	8	5	7	3	183	3
46	Rempe	Brian	5	5	7	4	121	30
47	Rood	Timothy					0	49
48	Schuermann	Craig	5	5	7		117	33
49	Schultz	Tanner					0	49
50	Serrano	Zack	7	3			150	19
51	Smith	Trevor	5	5	7		117	33
52	Stoops	Theodore	7	5	7	3	162	11
53	Toland	Jamie					0	49
54	Whyzmuzis	Joe					0	49
55	Woodhead	Jason	6	5			131	25
73	Cummings	Tony					0	49
90	Schmidt	Stephen					0	49
93	McDugle	Mike	4	5	1		90	37
105	French	Derek	8	5	7	8	188	2
107	Moore	Willie	7	5	2		154	16
112	Williams	Diondre	5	5	6		116	35
117	Bliefnick	Tim	7	5	4		156	14
119	Evans	Nick	5	5	7	3	120	32
122	Weidenbenner	David	5	5	6		116	35
123	Reed	Joe	7	5	2		154	16
128	Kiernan	Ryan	6	5	7		138	21

Midstate CrossFit Conference Scoring Sheet

Event:	2
WOD:	2
Title:	
Description:	Sprints, KB Snatches & KB Carries

Gender:	Men
Division:	Rx

ID	Last Name	First Name	Time	ENTER ONLY IF DNF		Score
				Level Completed		
18	Addison	Corey	8:09			22
19	Bauman	Eric	6:21			8
20	Bott	Charles	6:40			12
21	Bruce	Jeremy	7:33			19
22	DeMarco	Jim	6:13			7
23	Gosch	Keith	8:50			24
24	Greenwell	Zephaniah	10:41			28
25	Grohsmeyer	Alex	0:00			49
26	Haak	Casey	12:00	12		34
27	Heintzman	Timothy	6:39			11
28	Hestad	mark	6:58			16
29	Hockridge	Eric	5:21			3
30	Jordan	Jason	0:00			49
31	Keller	Tom	6:38			10
32	Kelly	Matt	8:05			21
33	Kessenich	Joe	0:00			49
34	King	Tom	0:00			49
35	Klauba	Adam	11:37			29
36	Koger	Tyler	0:00			49
37	Lillie	Josh	10:08			27
38	Mann	Richard	6:34			9
39	Mohr	William	0:00			49
40	Post	Josh	5:02			1
41	Propersi	Nick	5:57			4
42	Putnam	Mark	0:00			49
43	Radford	David	6:43			13
44	Reeder	Sean	0:00			49
45	Rehkemper	Brent	5:21			2
46	Rempe	Brian	8:01			20
47	Rood	Timothy	0:00			49
48	Schuermann	Craig	12:00	11		32
49	Schultz	Tanner	0:00			49
50	Serrano	Zack	8:33			23
51	Smith	Trevor	6:56			15
52	Stoops	Theodore	6:08			6
53	Toland	Jamie	0:00			49
54	Whyzmuzis	Joe	0:00			49
55	Woodhead	Jason	10:04			26
73	Cummings	Tony	0:00			49
90	Schmidt	Stephen	0:00			49
93	McDugle	Mike	0:00			49
105	French	Derek	6:47			14
107	Moore	Willie	12:00	7.5		31
112	Williams	Diondre	11:37			30
117	Bliefnick	Tim	6:01			5
119	Evans	Nick	12:00	11.75		33
122	Weidenbenner	David	9:11			25
123	Reed	Joe	7:28			17
128	Kiernan	Ryan	7:29			18