

Midstate CrossFit Conference

Gender:	Men
Division:	Rx

ID	Last Name	First Name	Event 4			Event Tot	Event Rank
			WOD 1A	WOD 1B	WOD 2		
45	Rehkemper	Brent	2	1	5	8	1
36	Koger	Tyler	7	7	2	16	2
29	Hockridge	Eric	7	7	3	17	3
21	Bruce	Jeremy	5	6	9	20	4
136	Bobb	Brad	3	7	13	23	5
43	Radford	David	13	4	8	25	6
46	Rempe	Brian	13	5	7	25	6
105	French	Derek	19	3	4	26	8
134	Jefferson	Nick	3	7	20	30	9
90	Schmidt	Stephen	7	13	11	31	10
51	Smith	Trevor	7	13	12	32	11
40	Post	Josh	1	31	1	33	12
20	Bott	Charles	5	11	19	35	13
147	Stadel	Blake	7	20	10	37	14
135	Danner	Jason	34	2	6	42	15
137	Wooden	Wesley	13	13	21	47	16
38	Mann	Richard	19	21	16	56	17
19	Bauman	Eric	28	13	18	59	18
122	Weidenbenner	David	24	13	24	61	19
39	Mohr	William	24	21	17	62	20
24	Greenwell	Zephaniah	7	26	30	63	21
73	Cummings	Tony	19	13	33	65	22
149	McGlasson	Marcus	17	21	27	65	22
162	Scales	Matt	24	13	28	65	22
27	Heintzman	Timothy	30	21	15	66	25
26	Haak	Casey	17	26	25	68	26
133	McArdle	Aaron	35	11	22	68	26
160	Canaday	Michael	24	26	23	73	28
41	Propersi	Nick	30	31	14	75	29
53	Toland	Jamie	19	31	26	76	30
42	Putnam	Mark	19	26	34	79	31
142	Pickford	Bobby	13	35	32	80	32
37	Lillie	Josh	30	21	29	80	32
141	Pickford	kris	28	31	31	90	34
112	Williams	Diondre	30	26	59	115	35
18	Addison	Corey	59	59	59	177	59
22	DeMarco	Jim	59	59	59	177	59
23	Gosch	Keith	59	59	59	177	59
25	Grohsmeier	Alex	59	59	59	177	59
28	Hestad	mark	59	59	59	177	59
31	Keller	Tom	59	59	59	177	59
32	Kelly	Matt	59	59	59	177	59
34	King	Tom	59	59	59	177	59
35	Klauba	Adam	59	59	59	177	59
44	Reeder	Sean	59	59	59	177	59
47	Rood	Timothy	59	59	59	177	59
48	Schuermann	Craig	59	59	59	177	59
49	Schultz	Tanner	59	59	59	177	59
50	Serrano	Zack	59	59	59	177	59
52	Stoops	Theodore	59	59	59	177	59
54	Whyzmuzis	Joe	59	59	59	177	59
55	Woodhead	Jason	59	59	59	177	59
107	Moore	Willie	59	59	59	177	59
117	Bliefnick	Tim	59	59	59	177	59
123	Reed	Joe	59	59	59	177	59
128	Kiernan	Ryan	59	59	59	177	59
132	Ryan	Brandon	59	59	59	177	59
159	Endres	Cole	59	59	59	177	59
165	Pfister	Samuel	59	59	59	177	59

Midstate CrossFit Conference Scoring Sheet

Event:	4
WOD:	1A
Title:	Hill Climb, KB Drag
Description:	AMRAP in 20'

Gender:	Men
Division:	Rx

ID	Last Name	First Name	Rounds	Score
40	Post	Josh	22	1
45	Rehkemper	Brent	20	2
134	Jefferson	Nick	19	3
136	Bobb	Brad	19	3
20	Bott	Charles	18	5
21	Bruce	Jeremy	18	5
24	Greenwell	Zephaniah	17	7
29	Hockridge	Eric	17	7
36	Koger	Tyler	17	7
51	Smith	Trevor	17	7
90	Schmidt	Stephen	17	7
147	Stadel	Blake	17	7
43	Radford	David	16	13
46	Rempe	Brian	16	13
137	Wooden	Wesley	16	13
142	Pickford	Bobby	16	13
26	Haak	Casey	15	17
149	McGlasson	Marcus	15	17
38	Mann	Richard	14	19
42	Putnam	mark	14	19
53	Toland	Jamie	14	19
73	Cummings	Antonio	14	19
105	French	Derek	14	19
39	Mohr	William	13	24
122	Weidenbenner	David	13	24
160	Canaday	Michael	13	24
162	Scales	Matt	13	24
19	Bauman	Eric	12	28
141	Pickford	kris	12	28
27	Heintzman	Timothy	10	30
37	Lillie	Josh	10	30
41	Propersi	Nick	10	30
112	Williams	Diondre	10	30
135	Danner	Jason	8	34
133	McArdle	Aaron	3	35
18	Addison	Corey	0	59
22	DeMarco	Jim	0	59
23	Gosch	Keith	0	59
25	Grohsmeyer	Alex	0	59
28	Hestad	mark	0	59
31	Keller	Tom	0	59
32	Kelly	Matt	0	59
34	King	Tom	0	59
35	Klauba	Adam	0	59
44	Reeder	Sean	0	59
47	Rood	Timothy	0	59
48	Schuermann	Craig	0	59
49	Schultz	Tanner	0	59
50	Serrano	Zack	0	59
52	Stoops	Theodore	0	59
54	Whyzmuzis	Joe	0	59
55	Woodhead	Jason	0	59
107	Moore	Willie	0	59
117	Bliefnick	Tim	0	59
123	Reed	Joe	0	59
128	Kiernan	Ryan	0	59
132	Ryan	Brandon	0	59
159	Endres	Cole	0	59
165	Pfister	Samuel	0	59

Midstate CrossFit Conference Scoring Sheet

Event:	4
WOD:	1B
Title:	5RM Thruster
Description:	

Gender:	Men
Division:	Rx

ID	Last Name	First Name	5RM Load	Score
45	Rehkemper	Brent	215	1
135	Danner	Jason	205	2
105	French	Derek	195	3
43	Radford	David	190	4
46	Rempe	Brian	185	5
21	Bruce	Jeremy	180	6
29	Hockridge	Eric	175	7
36	Koger	Tyler	175	7
134	Jefferson	Nick	175	7
136	Bobb	Brad	175	7
20	Bott	Charles	170	11
133	McArdle	Aaron	170	11
19	Bauman	Eric	165	13
51	Smith	Trevor	165	13
73	Cummings	Antonio	165	13
90	Schmidt	Stephen	165	13
122	Weidenbenner	David	165	13
137	Wooden	Wesley	165	13
162	Scales	Matt	165	13
147	Stadel	Blake	160	20
27	Heintzman	Timothy	155	21
37	Lillie	Josh	155	21
38	Mann	Richard	155	21
39	Mohr	William	155	21
149	McGlasson	Marcus	155	21
24	Greenwell	Zephaniah	145	26
26	Haak	Casey	145	26
42	Putnam	mark	145	26
112	Williams	Diondre	145	26
160	Canaday	Michael	145	26
40	Post	Josh	135	31
41	Propersi	Nick	135	31
53	Toland	Jamie	135	31
141	Pickford	kris	135	31
142	Pickford	Bobby	115	35
18	Addison	Corey	0	59
22	DeMarco	Jim	0	59
23	Gosch	Keith	0	59
25	Grohsmeyer	Alex	0	59
28	Hestad	mark	0	59
31	Keller	Tom	0	59
32	Kelly	Matt	0	59
34	King	Tom	0	59
35	Klauba	Adam	0	59
44	Reeder	Sean	0	59
47	Rood	Timothy	0	59
48	Schuermann	Craig	0	59
49	Schultz	Tanner	0	59
50	Serrano	Zack	0	59
52	Stoops	Theodore	0	59
54	Whyzmuzis	Joe	0	59
55	Woodhead	Jason	0	59
107	Moore	Willie	0	59
117	Bliefnick	Tim	0	59
123	Reed	Joe	0	59
128	Kiernan	Ryan	0	59
132	Ryan	Brandon	0	59
159	Endres	Cole	0	59
165	Pfister	Samuel	0	59

Midstate CrossFit Conference Scoring Sheet

Event:	4
WOD:	2
Title:	Isabel
Description:	

Gender:	Men
Division:	Rx

ID	Last Name	First Name	Scale	Time	Reps (IF DNF)	Score
40	Post	Josh	1	4:10		1
36	Koger	Tyler	1	4:21		2
29	Hockridge	Eric	1	4:58		3
105	French	Derek	1	5:39		4
45	Rehkemper	Brent	1	5:42		5
135	Danner	Jason	1	6:24		6
46	Rempe	Brian	1	6:35		7
43	Radford	David	1	6:37		8
21	Bruce	Jeremy	2	5:38		9
147	Stadel	Blake	2	5:58		10
90	Schmidt	Stephen	2	6:22		11
51	Smith	Trevor	2	6:30		12
136	Bobb	Brad	2	6:42		13
41	Propersi	Nick	2	6:49		14
27	Heintzman	Timothy	2	6:56		15
38	Mann	Richard	2	6:57		16
39	Mohr	William	2	7:33		17
19	Bauman	Eric	2	7:45		18
20	Bott	Charles	3	3:15		19
134	Jefferson	Nick	3	3:41		20
137	Wooden	Wesley	3	4:25		21
133	McArdle	Aaron	3	4:52		22
160	Canaday	Michael	3	5:17		23
122	Weidenbenner	David	3	6:24		24
26	Haak	Casey	3	6:28		25
53	Toland	Jamie	3	7:07		26
149	McGlasson	Marcus	3	7:43		27
162	Scales	Matt	4	8:00	21	28
142	Pickford	Bobby	6	8:00	3	29
141	Pickford	kris	6	8:00	15	30
24	Greenwell	Zephaniah	6	8:00	23	31
37	Lillie	Josh	6	8:00	26	32
73	Cummings	Antonio	7	5:28		33
42	Putnam	mark	8	8:00	16	34
18	Addison	Corey		0:00		59
22	DeMarco	Jim		0:00		59
23	Gosch	Keith		0:00		59
25	Grohsmeyer	Alex		0:00		59
28	Hestad	mark		0:00		59
31	Keller	Tom		0:00		59
32	Kelly	Matt		0:00		59
34	King	Tom		0:00		59
35	Klauba	Adam		0:00		59
44	Reeder	Sean		0:00		59
47	Rood	Timothy		0:00		59
48	Schuermann	Craig		0:00		59
49	Schultz	Tanner		0:00		59
50	Serrano	Zack		0:00		59
52	Stoops	Theodore		0:00		59
54	Whyzmuzis	Joe		0:00		59
55	Woodhead	Jason		0:00		59
107	Moore	Willie		0:00		59
112	Williams	Diondre		0:00		59
117	Bliefnick	Tim		0:00		59
123	Reed	Joe		0:00		59
128	Kiernan	Ryan		0:00		59
132	Ryan	Brandon		0:00		59
159	Endres	Cole		0:00		59
165	Pfister	Samuel		0:00		59

Midstate CrossFit Conference Scoring Sheet

Event:	4
WOD:	2
Title:	Isabel
Description:	

Gender:	Men
Division:	Rx

ID	Last Name	First Name	Scale	Time	Reps (IF DNF)	Score
40	Post	Josh	1	4:10		1
36	Koger	Tyler	1	4:21		2
29	Hockridge	Eric	1	4:58		3
105	French	Derek	1	5:39		4
45	Rehkemper	Brent	1	5:42		5
135	Danner	Jason	1	6:24		6
46	Rempe	Brian	1	6:35		7
43	Radford	David	1	6:37		8
21	Bruce	Jeremy	2	5:38		9
147	Stadel	Blake	2	5:58		10
90	Schmidt	Stephen	2	6:22		11
51	Smith	Trevor	2	6:30		12
136	Bobb	Brad	2	6:42		13
41	Propersi	Nick	2	6:49		14
27	Heintzman	Timothy	2	6:56		15
38	Mann	Richard	2	6:57		16
39	Mohr	William	2	7:33		17
19	Bauman	Eric	2	7:45		18
20	Bott	Charles	3	3:15		19
134	Jefferson	Nick	3	3:41		20
137	Wooden	Wesley	3	4:25		21
133	McArdle	Aaron	3	4:52		22
160	Canaday	Michael	3	5:17		23
122	Weidenbenner	David	3	6:24		24
26	Haak	Casey	3	6:28		25
53	Toland	Jamie	3	7:07		26
149	McGlasson	Marcus	3	7:43		27
162	Scales	Matt	4	8:00	21	28
37	Lillie	Josh	6	8:00	26	29
24	Greenwell	Zephaniah	6	8:00	23	30
141	Pickford	kris	6	8:00	15	31
142	Pickford	Bobby	6	8:00	3	32
73	Cummings	Antonio	7	5:28		33
42	Putnam	mark	8	8:00	16	34
18	Addison	Corey		0:00		59
22	DeMarco	Jim		0:00		59
23	Gosch	Keith		0:00		59
25	Grohsmeyer	Alex		0:00		59
28	Hestad	mark		0:00		59
31	Keller	Tom		0:00		59
32	Kelly	Matt		0:00		59
34	King	Tom		0:00		59
35	Klauba	Adam		0:00		59
44	Reeder	Sean		0:00		59
47	Rood	Timothy		0:00		59
48	Schuermann	Craig		0:00		59
49	Schultz	Tanner		0:00		59
50	Serrano	Zack		0:00		59
52	Stoops	Theodore		0:00		59
54	Whyzmuzis	Joe		0:00		59
55	Woodhead	Jason		0:00		59
107	Moore	Willie		0:00		59
112	Williams	Diondre		0:00		59
117	Bliefnick	Tim		0:00		59
123	Reed	Joe		0:00		59
128	Kiernan	Ryan		0:00		59
132	Ryan	Brandon		0:00		59
159	Endres	Cole		0:00		59
165	Pfister	Samuel		0:00		59