

Midstate CrossFit Conference

Gender:	Men
Division:	Rx

ID	Last Name	First Name	Event 5			
			WOD 1	WOD 2	Event Tot	Event Rank
22	DeMarco	Jim	3	1	4	1
45	Rehkemper	Brent	1	5	6	2
43	Radford	David	6	4	10	3
52	Stoops	Theodore	7	3	10	3
132	Ryan	Brandon	2	8	10	3
28	Hestad	mark	10	2	12	6
41	Propersi	Nick	9	6	15	7
137	Wooden	Wesley	5	11	16	8
184	Clark	Bryan	4	12	16	8
117	Bliefnick	Tim	8	9	17	10
134	Jefferson	Nick	11	6	17	10
21	Bruce	Jeremy	13	9	22	12
46	Rempe	Brian	12	13	25	13
162	Scales	Matt	14	15	29	14
147	Stadel	Blake	15	16	31	15
51	Smith	Trevor	18	14	32	16
183	Hurie	Jeff	16	17	33	17
24	Greenwell	Zephaniah	19	21	40	18
42	Putnam	Mark	20	20	40	18
27	Heintzman	Timothy	23	18	41	20
122	Weidenbenner	David	22	19	41	20
35	Klauba	Adam	21	24	45	22
53	Toland	Jamie	23	22	45	22
26	Haak	Casey	28	23	51	24
73	Cummings	Tony	26	25	51	24
37	Lillie	Josh	27	26	53	26
90	Schmidt	Stephen	17	61	78	27
135	Danner	Jason	25	61	86	28
49	Schultz	Tanner	29	61	90	29
40	Post	Josh	30	61	91	30
18	Addison	Corey	61	61	122	61
19	Bauman	Eric	61	61	122	61
20	Bott	Charles	61	61	122	61
23	Gosch	Keith	61	61	122	61
25	Grohmeyer	Alex	61	61	122	61
29	Hockridge	Eric	61	61	122	61
31	Keller	Tom	61	61	122	61
32	Kelly	Matt	61	61	122	61
34	King	Tom	61	61	122	61
36	Koger	Tyler	61	61	122	61
38	Mann	Richard	61	61	122	61
39	Mohr	William	61	61	122	61
44	Reeder	Sean	61	61	122	61
47	Rood	Timothy	61	61	122	61
48	Schuermann	Craig	61	61	122	61
50	Serrano	Zack	61	61	122	61
54	Whyzmuzis	Joe	61	61	122	61
55	Woodhead	Jason	61	61	122	61
105	French	Derek	61	61	122	61
107	Moore	Willie	61	61	122	61
112	Williams	Diondre	61	61	122	61
123	Reed	Joe	61	61	122	61
128	Kiernan	Ryan	61	61	122	61
133	McArdle	Aaron	61	61	122	61
136	Bobb	Brad	61	61	122	61
141	Pickford	kris	61	61	122	61
142	Pickford	Bobby	61	61	122	61
149	McGlasson	Marcus	61	61	122	61
159	Endres	Cole	61	61	122	61
160	Canaday	Michael	61	61	122	61
165	Pfister	Samuel	61	61	122	61

Midstate CrossFit Conference Scoring Sheet

Event:	5
WOD:	1
Title:	Pull up, thruster, Run
Description:	

Gender:	Men
Division:	Rx

ID	Last Name	First Name	Time	ENTER ONLY IF DNF				Total Reps	Score	
				Pull Ups	Run	Thrusters	Run			Thrusters
45	Rehkemper	Brent	5:02						0	1
132	Ryan	Brandon	5:04						0	2
22	DeMarco	Jim	5:22						0	3
184	Clark	Bryan	5:24						0	4
137	Wooden	Wesley	5:25						0	5
43	Radford	David	5:30						0	6
52	Stoops	Theodore	5:35						0	7
117	Bliefnick	Tim	6:07						0	8
41	Propersi	Nick	6:09						0	9
28	Hestad	mark	6:10						0	10
134	Jefferson	Nick	6:14						0	11
46	Rempe	Brian	6:44						0	12
21	Bruce	Jeremy	6:53						0	13
162	Scales	Matt	7:00						0	14
147	Stadel	Blake	7:06						0	15
183	Hurie	Jeff	7:28						0	16
90	Schmidt	Stephen	7:36						0	17
51	Smith	Trevor	7:43						0	18
24	Greenwell	Zephaniah	8:19						0	19
42	Putnam	Mark	9:14						0	20
35	Klauba	Adam	9:15						0	21
122	Weidenbenner	David	9:16						0	22
27	Heintzman	Timothy	9:30						0	23
53	Toland	Jamie	9:30						0	23
135	Danner	Jason	9:47						0	25
73	Cummings	Tony	10:03						0	26
37	Lillie	Josh	10:22						0	27
26	Haak	Casey	10:26						0	28
49	Schultz	Tanner	10:55						0	29
40	Post	Josh	12:00	20	1	4			25	30
18	Addison	Corey	12:00						0	61
19	Bauman	Eric	12:00						0	61
20	Bott	Charles	12:00						0	61
23	Gosch	Keith	12:00						0	61
25	Grohsmeyer	Alex	12:00						0	61
29	Hockridge	Eric	12:00						0	61
31	Keller	Tom	12:00						0	61
32	Kelly	Matt	12:00						0	61
34	King	Tom	12:00						0	61
36	Koger	Tyler	12:00						0	61
38	Mann	Richard	12:00						0	61
39	Mohr	William	12:00						0	61
44	Reeder	Sean	12:00						0	61
47	Rood	Timothy	12:00						0	61
48	Schuermann	Craig	12:00						0	61
50	Serrano	Zack	12:00						0	61
54	Whyzmuzis	Joe	12:00						0	61
55	Woodhead	Jason	12:00						0	61

Midstate CrossFit Conference Scoring Sheet

Event: 5
 WOD: 2
 Title: OHS, 3RFT, Bags
 Description:

Gender: Men
 Division: Rx

ID	Last Name	First Name	A		B						C		Result Time	Score		
			OHS	Reps	Minutes	Seconds	Full Rds	+Pwr	Cln	+BJB	+TTB	Remaining Reps			Board	Hole
22	DeMarco	Jim	45	13	30	3					0			405	06:45	1
28	Hestad	Mark	43	14	39	3					0	0	0	484	08:04	2
52	Stoops	Theodore	50	15	0	2	10	15	16		4	0	0	490	08:10	3
43	Radford	David	35	14	43	3					0	0	0	528	08:48	4
45	Rehkemper	Brent	34	14	50	3					0	0	0	540	09:00	5
41	Propersi	Nick	46	15	0	2	10	15	8		12	0	0	550	09:10	6
134	Jefferson	Nick	36	15	0	2	10	15	16		4	0	1	550	09:10	6
132	Ryan	Brandon	20	14	39	3					0	0	1	589	09:49	8
21	Bruce	Jeremy	37	15	0	2	10	15	9		11	0	0	590	09:50	9
117	Blefnick	Tim	45	15	0	2	10	15			20	1	0	590	09:50	9
137	Wooden	Wesley	30	15	0	2	10	15	10		10	2	0	610	10:10	11
184	Clark	Bryan	49	15	0	2	10	5			30	1	0	620	10:20	12
46	Rempe	Brian	47	15	0	2	10	4			31	0	0	640	10:40	13
51	Smith	Trevor	35	15	0	2	10	5			30	1	0	690	11:30	14
162	Scalas	Matt	30	15	0	2	10	7			28	0	0	710	11:50	15
147	Stadel	Blake	29	15	0	2	10	4			31	0	1	720	12:00	16
183	Hurie	Jeff	15	15	0	2	10	15	2		18	0	0	735	12:15	17
27	Heintzman	Timothy	30	15	0	2	10				35	0	0	745	12:25	18
122	Weidenbenner	David	32	15	0	2	3				42	1		765	12:45	19
42	Putnam	Mark	28	15	0	2	7				38	0	0	840	14:00	20
24	Greenwell	Zephaniah	14	15	0	2	10	4			31	0	1	795	13:15	21
53	Toland	Jamie	15	15	0	2	10	3			32	0	0	805	13:25	22
26	Haak	Casey	27	15	0	2					45	0	0	810	13:30	23
35	Klauba	Adam	30	15	0	1	10	15	13		52	1	0	825	13:45	24
73	Cummings	Tony	3	15	0	2	3				42	0	0	915	15:15	25
37	Lillie	Josh	26	15	0	1	10	15	11		54	0	0	975	16:15	26
18	Addison	Corey		15	0	0					135			1395	23:15	61
19	Bauman	Eric		15	0	0					135			1395	23:15	61
20	Bott	Charles		15	0	0					135			1395	23:15	61
23	Gosch	Keith		15	0	0					135			1395	23:15	61
25	Grohsmeier	Alex		15	0	0					135			1395	23:15	61
29	Hockridge	Eric		15	0	0					135			1395	23:15	61
31	Keller	Tom		15	0	0					135			1395	23:15	61
32	Kelly	Matt		15	0	0					135			1395	23:15	61
34	King	Tom		15	0	0					135			1395	23:15	61
36	Koger	Tyler		15	0	0					135			1395	23:15	61
38	Mann	Richard		15	0	0					135			1395	23:15	61
39	Mohr	William		15	0	0					135			1395	23:15	61
40	Post	Josh		15	0	0					135			1395	23:15	61
44	Reeder	Sean		15	0	0					135			1395	23:15	61
47	Rood	Timothy		15	0	0					135			1395	23:15	61
48	Schuermann	Craig		15	0	0					135			1395	23:15	61
49	Schultz	Tanner		15	0	0					135			1395	23:15	61
50	Serrano	Zack		15	0	0					135			1395	23:15	61
54	Whyzmuzis	Joe		15	0	0					135			1395	23:15	61
55	Woodhead	Jason		15	0	0					135	0	0	1395	23:15	61
90	Schmidt	Stephen		15	0	0					135			1395	23:15	61
105	French	Derek		15	0	0					135			1395	23:15	61
107	Moore	Willie		15	0	0					135			1395	23:15	61
112	Williams	Diondre		15	0	0					135			1395	23:15	61
123	Reed	Joe		15	0	0					135			1395	23:15	61
128	Kiernan	Ryan		15	0	0					135			1395	23:15	61
133	McArdle	Aaron		15	0	0					135			1395	23:15	61
135	Danner	Jason		15	0	0					135			1395	23:15	61
136	Bobb	Brad		15	0	0					135			1395	23:15	61
141	Pickford	kris		15	0	0					135			1395	23:15	61
142	Pickford	Bobby		15	0	0					135			1395	23:15	61
149	McGlasson	Marcus		15	0	0					135			1395	23:15	61
159	Endres	Cole		15	0	0					135			1395	23:15	61
160	Canaday	Michael		15	0	0					135			1395	23:15	61
165	Pfister	Samuel		15	0	0					135			1395	23:15	61